

MHI BREAKFAST EXPERIENCE

TAKE A TOUR THROUGH WHAT THE FARMERS DROPPED AT OUR BACK DOOR BEGINNINGS

overnight oats ~ oat milk . Gianforte Farm oats . ny maple syrup . Milk Pail apple compote DF GF V
breakfast sundae ~ icelandic "skyr" yogurt . mhi hemp granola . seasonal fruit GF V

MAIN

sweet potato latke ~ QHF sweet potatoes . QHF braising greens . STH tomatoes . free range egg
mhi roasted pepitas W30 GF V DF P

harvest hash ~ QHF fingerling potatoes . Long Island "cheese" pumpkin (not actual cheese!)
mhi smoked chicken . OMO mushroom medley . QHF braising greens . STH roasted cauliflower .
5 onion meritage . choice of free range egg W30 GF V DF P

MHI CLASSIC Long Island breakfast sandwich . BDB kaiser roll . free range egg . aged cheddar
choice of bacon or pork sausage

DESSERT

our breakfast desserts are served family style

Amber Waves Amagansett wheat pancakes ~ plain, blueberry, or chocolate chip V

Blue Duck brioche french toast ~ vanilla . bourbon . Milk Pail apple cinnamon anglaise V

"I may not be a 'local', but my menu will be as much as possible. Once I realized the food oasis that is the East End, I have a new affection for local farms, farmers, tractors, and especially the farm dogs!" Chef Carolyn

ACCOUTREMENTS

bacon QHF potatoes sour dough multigrain
pork sausage organic - free range eggs

DF - dairy free

GF - gluten free

W30 - whole 30

V - vegetarian

P - paleo

QHF = Quail Hill Farm, Amagansett, NY AW = Amber Waves - Amagansett, NY Satur Farms - Northfork LI

STH = Share the Harvest, East Hampton Happy Valley Meat - Brooklyn, NY Gianforte Farm - Cazenovia, NY

BYB = Backyard Brine Pickles - Northfork, Long Island Mecox Bay Dairy - Bridgehampton, NY

BDB = Blue Duck Bakery - Southampton OMO = Open Minded Organics - hemp from Bridgehampton, NY

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

* Before placing your order, please inform your server if a person in your party has a food allergy.