

# MHI BREAKFAST EXPERIENCE

## TAKE A TOUR THROUGH WHAT THE FARMERS DROPPED AT OUR BACK DOOR BEGINNINGS

overnight oats ~ oat milk . Gianforte Farm oats . ny maple syrup . QHF peach compote DF GF V  
breakfast sundae ~ icelandic "skyr" yogurt . mhi hemp granola . seasonal fruit GF V

### MAIN

amagansett scramble ~ QHF vegetables . free range eggs GF V

shakshuka ~ middle eastern spiced Acabonac Farm beef . Mecox sigit cheese . green garlic . nettles  
mhi tomato blend . hatch green chilies . 5 onion heritage . free range eggs . naan

khanh's banh mi ~ J's smoked chicken . rustic pork rilette . green garlic . mhi pickled veggies  
squash blossoms . Blue Duck Bakery baguette . mhi yuzu aioli . QHF potatoes

katie & amanda's caprese frittata ~ AW sungold tomatoes . villa fresh mozzarella . AW basil . free range eggs GF V

### DESSERT

our breakfast desserts are served family style

Amber Waves Amagansett wheat pancakes ~ plain, blueberry, or chocolate chip V

Blue Duck brioche french toast ~ vanilla . bourbon . QHF peach crème anglaise V

*"I may not be a 'local', but my menu will be as much as possible. Once I realized the food oasis that is the East End, I have a new affection for local farms, farmers, tractors, and especially the farm dogs!" Chef Carolyn*

### ACCOUTREMENTS

bacon      QHF potatoes      sour dough      multigrain  
pork sausage      chicken sausage      organic - free range eggs

DF - dairy free

GF - gluten free

W30 - whole 30

V - vegetarian

P - paleo

QHF = Quail Hill Farm, Amagansett, NY      AW = Amber Waves - Amagansett, NY      Satur Farms - Northfork LI  
Happy Valley Meat - Brooklyn, NY      Mecox Bay Dairy - Bridgehampton, NY      Gianforte Farm - Cazenovia, NY  
BDB = Blue Duck Bakery - Southampton      OMO = Open Minded Organics - hemp from Bridgehampton, NY

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

\* Before placing your order, please inform your server if a person in your party has a food allergy.