MHI BREAKFAST EXPERIENCE

TAKE A TOUR THROUGH WHAT THE FARMERS DROPPED AT OUR BACK DOOR

BEGINNINGS

overnight oats ~ oat milk . Gianforte Farm oats . ny maple syrup .
QHF rhubarb compote

DF GF V

fresh fruit ~ greek style yogurt . mhi cbd granola . seasonal fruit

GF V

MAIN

amagansett scramble ~ QHF vegetables . free range eggs

GF V

deadpool's breakfast tacos ~ house made chorizo . 5 onion marmalade . scrambled eggs . Satur Farm spinach . Mecox sigit cheese . handmade pressed corn tortillas . QHF salad GF

southern brisket hash ~ J's smoked happy valley brisket. Mecox sigit cheese. green garlic. nettles hatch green chilies. OMO sautéed mushrooms. 5 onion marmalade. QHF potatoes. choice of egg. GF

DESSERT

our breakfast desserts are served family style

Amber Waves Amagansett wheat pancakes ~ plain, blueberry, or chocolate chip

V

Blue Duck brioche french toast ~ vanilla . bourbon . QHF rhubarb crème anglaise

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"I am not local, but my menu will be as much as possible. Once I realized the food oasis that is the East End, I have a new affection for local farms, farmers, tractors, and especially the farm dogs!" Chef Carolyn

ACCOUTREMENTS

bacon

kaiser roll

multigrain

pork or chicken sausage

sour dough

organic - free range eggs

DF - dairy free

GF - gluten free

W30 - whole 30

V - vegetarian

P - paleo

QHF - Quail Hill Farm, Amagansett, NY Amber Waves - Amagansett, NY Satur Farms - Northfork LI
La Fermiere - Waterloo, NY Mecox Bay Dairy - Bridgehampton, NY Gianforte Farm - Cazenovia, NY
Happy Valley Meat - Brooklyn, NY Open Minded Organics - CBD from Bridgehampton, NY